

COVID RESOURCES GUIDE
2023-2024



COVID ISN'T OVER

Making Wellness
a Priority in the
Black Community



Special Edition Resource Guide

COVID is not over!

Find the resources that can help you stay rooted and radiant!

Introduction

Since the Colorado Black Health Collaborative's (CBHC) inception in 2008, we embrace the words beneath our full logo, "Help me and let me help you."

During the height of the COVID pandemic the Colorado Black Health Collaborative was out in the community helping and hearing what you all had to share. We passed out masks, hand sanitizer, and COVID test kits; educated the communities through information sessions and panel discussions; and provided support at vaccine buses, city buses, as well as shops, churches, and other community events.

The COVID-19 "emergency" is officially over, however we know COVID-19 is not over. The need for resources is even greater now than ever. We have heard from the community that resources are needed by members of our community. In collaboration with our Black Community Health Response Team (BCHART), we enlisted students to gather the information for this brief resource guide. This is by no means a comprehensive guide. While all of Colorado is important to us, we have focused this guide on the following zip codes: **80010, 80012, 80017, 80205, 80207, 80231, 80239.**

We have attempted to cover health and social determinants of health. We have also added a few highlights that we thought would be helpful.

Brought to you by Colorado Black Health Collaborative

3025 South Parker Road, #737

Aurora, CO 80014

www.coloradoblackhealth.org

www.flowdnever.org

Info@coloradoblackhealth.org



This guide is organized by city in alphabetical order (Aurora, then Denver) and by zip codes in numerical order according to the city. COVID-19 and Health information appears first and then other resources by categories listed in the index.

Index

Aurora – 80010.....Pages 3 - 8

Aurora-80012.....Pages 9 - 14

Aurora- 80017.....Pages 15 - 17

Denver 80205.....Pages 18 - 23

Denver 80207.....Pages 24 - 28

Denver 80231.....Pages 29 - 31

Denver 80239.....Pages 32 - 37

GeneralPages 38 - 42

AURORA

Zip Code 80010 Resources



*COVID Specific

Colorado Health Emergency Line: general COVID-19 Questions

303.389.1687 or 877.462.2911

Hours: 8 a.m. – 5 p.m., Monday – Friday.

[https://www.auroragov.org/residents/public_safety/office_of_emergency_management/covid-19 coronavirus resources](https://www.auroragov.org/residents/public_safety/office_of_emergency_management/covid-19_coronavirus_resources)

CDC Vaccine Hotline for vaccine questions:

800.232.0233

Hours: 8 a.m. - 5 p.m., Monday – Friday.

Aurora COVID - 19 Resources

[https://www.auroragov.org/residents/public_safety/office_of_emergency_management/covid-19 coronavirus resources](https://www.auroragov.org/residents/public_safety/office_of_emergency_management/covid-19_coronavirus_resources)

COVID Drive-through Testing, Walgreens

10501 E. Colfax Avenue, Aurora 80010

Hours: 9 a.m. - 5 p.m. 303.343.2226

<https://www.walgreens.com/findcare/covid19/testing>

COVID Vaccine- get help finding a location to get a vaccine <https://www.vaccines.gov/search>



*Health Facilities

Primary Care

Ardas Family Medicine	10180 E. Colfax Ave. #150, Aurora, CO 80010	303.900.8639	8 a.m. - 7 p.m. 9 a.m. - 3 p.m. Closed Sunday	Monday - Friday Saturday
Stride CHC - East Colfax	9801 E. Colfax Ave. Suite 120, Aurora, CO 80010	303.778.7433	8 a.m. - 4:30 p.m. Closed Weekends	Monday - Friday
Stride CHC- Peoria	3292 Peoria St. Aurora, CO 80010	303.778.7433	7:30 a.m. - 5:30 p.m. Closed weekends	Monday - Friday

Urgent Care

AFC Urgent Care Aurora Colfax
11310 E Colfax Ave, Aurora, CO 80010
303.758.5000
afcurgentcare.com

Emergency Room/Hospital – none directly in 80010

Medical emergencies – **call 911**

Emergency Rooms, closest

UCHealth University of Colorado Hospital Emergency Room
Anschutz Inpatient Pavilion, 12505 E. 16th Avenue, 1st floor, Aurora, CO 80045
720.848.9111
www.uchealth.org

The Medical Center of Aurora Emergency Room
1501 S Potomac St, Aurora, CO 80012
303.695.2600

Hospitals Near-by

UCHealth University of Colorado Hospital
12605 E. 16th Ave., Aurora, CO 80045
720.848.0000

Aurora South Hospital and Medical Center
1421 S. Potomac St., Aurora, CO 80012
303.873.5511

Mental Health & Substance Abuse

Mental Health Center of Denver/ Wellpower https://www.wellpower.org/	1455 Beeler St., Aurora, CO 80010	303.504.6500	8 a.m. - 5 p.m. Monday – Friday
Aurora Mental Health & Recovery- Galena Counseling Center https://www.auroramhr.org/	Galena Center, 1504 Galena St., Aurora, CO 80010	303. 617.2300	8 a.m.- 4 p.m. Monday -Thursday Closed Weekends
Independence House Substance Abuse https://www.ind-house.com/	590 Havana St., Aurora, CO 80010	720. 858.8477	8 a.m. - 8 p.m. Monday - Friday 9 a.m.-5 p.m. Weekends



*Food Sources

Commercial Grocery Stores

Walmart Neighborhood Market https://www.walmart.com/store/6178-aurora-co	10400 E Colfax Ave., Aurora, CO 80010	303.537.9808	6 a.m. - 11 p.m.
Lowes Mercado https://www.lowesmarket.com/	10777 E Colfax Ave., Aurora, CO 80010	303.363.3321	7 a.m. - 10 p.m.
Asian American Supermarket https://asian-american-supermarket.business.site/	11201 E Colfax Ave., Aurora, CO 80010	303 366.3003	10 a.m. - 8 p.m. 9 a.m. - 8 p.m. Saturday

Food Pantry/ Bank

Aurora Interchurch Taskforce - Food Distribution Center, 1553 Clinton St, Aurora, CO 80010. Open 24 hours.

St. Andrews Hospitality, 1525 Dallas St., Aurora, CO 80010. Hours are 10:15 a.m. - 1:15 p.m.

Colfax Community Network, 1585 Kingston St., Aurora, CO 80010: Tuesday and Thursday 10 a.m. – noon. 303.999.6095.

Restoration Outreach Programs, Restoration Outreach Programs - Food Bank (ropserves.org). 1540 Boston St., Aurora, CO 80010. Every Tuesday - 11:30 a.m. – 12:30 p.m. 720.859.2513

Village Exchange Center, <https://villageexchangecenter.org/>. 1609 Havana St., Aurora, CO 80010. 9 a.m. - 5 p.m. Monday – Friday. Closed weekends. 720.668.9968

Hunger Free Colorado connects Coloradans to needed food and nutrition resources. Food resource **HOTLINE: 855-855-4626**

Farmer's Market

Colorado Farm Fresh Guide

<https://drive.google.com/file/d/1f5ScQ3MVvvroOLQnKsGqmVXMResyAVHm/view>

Farmer's Market vegetables & fruits, 10909 E. Colfax Ave., Aurora, CO 80010.

Stanley Marketplace, www.stanleymarketplace.com . 2501 Dallas St., Aurora, CO 80010. Airy warehouse hangout, housing multiple food vendors, along with other retailers & businesses.

Gardens, Community

[Asian Pacific Development Community Garden](#), 1537 Alton St., Aurora, CO 80010.

Fletcher Community Garden, 9898 E. Colfax Ave., Aurora, CO 80010.

Montview Park Community Garden, 9282 E. Montview Blvd., Aurora, CO 80010.

[Nome Park Community Garden](#), 1100-1198 Nome St., Aurora, CO 80010.

[Sanctuary Community Garden](#), 9840 E. 17th Ave., Aurora, CO 80010.



*Government support services – WIC, SNAP, SSA

Government Assistance, <https://www.wicprograms.org/ci/co-aurora>

9000 E Colfax Ave Unit 105, Aurora CO 80010

303. 361.6010

8 a.m. - 5 p.m., Monday – Friday. **Closed weekends.**

Getting SNAP | Hunger Free Colorado (<https://hungerfreecolorado.org>). Find out about SNAP eligibility.

Eligibility | CDPHE WIC (coloradowic.gov) www.coloradowic.gov/eligibility.

WIC eligibility, closest site - [Altura Plaza WIC Clinic \(Colfax & Chambers\)](#)

15400 E. 14th Place, Suite 344, Aurora CO 80011

Monday - Friday

8 a.m. - 5 p.m.

303.734.5404

*Housing support

Aurora Housing Authority <u>The Housing Authority of the City of Aurora (aurorahousing.org)</u>	<u>info@aurorahousing.org</u>	720.251.2100
Housing/ Shelter <u>https://intermountaineds.salvationarmy.org/</u>	11701 E 33rd Ave #1426, Aurora, CO 80010	303. 866.9278



*Job Assistance/ Training

Concorde Career College of Aurora

111 Havana St, Aurora, CO 80010

720.808.0455

concorde.edu



*Job Assistance/ Training

Dayton Street Day Labor Center

1521 Dayton St., Aurora, CO 80010

720. 326.4185

6 a.m. - 12 p.m. Monday – Friday. Closed weekends.

<https://www.daytondaylaborcenter.org/>

Labor Systems

10600 E. Colfax Ave., Aurora CO 80010

303. 343.4616

5 a.m. - 5 p.m. Monday – Friday. Closed weekends.

https://www.laborsystems.com/location/aurora-aur?utm_source=google&utm_medium=organic&utm_campaign=GoogleMyBusiness

ReHire Colorado (ReHire Colorado | Colorado Department of Human Services)

<https://cdha.colorado.gov/rehire-colorado>. ReHire combines wage-paying work, job skills training and supportive services to help people successfully re-enter the workforce. 303.866.5700 (state) or 303.636.1130 (Arapahoe County).



*Non-Profit Support Services

Colfax Community Network « A Home Away from Homelessness (wordpress.com).

<https://colfaxcommunitynetwork.wordpress.com>.

This organization improves and strengthens family and community life of the individuals, families and children living in the transient house, primarily along Colfax Avenue. Provides needed information, resources and services, working alongside adults, children and parents to help them see their value.



*Physical Activity

Parks

https://www.auroragov.org/things_to_do/parks_open_space_trails/park_listing

Lowry Park	1001 Dayton St., Auroura CO 80010	303. 739.7000	5 a.m.- 11 p.m.
City Park	9701 E 16th Ave., Aurora, CO 80010	303. 739.7213	5 a.m.- 11 p.m.
Del Mar Park	12000 E 6th Ave., Aurora, C) 80010	303. 739.7160	5 a.m.- 11 p.m.
Montview Park	1901 Chester St., Aurora, C) 80010	None	5 a.m.- 11 p.m.
Nome Park	1200 Nome St., Aurora, C) 80010	303. 739.7160	8 a.m.- 10 p.m.
Spencer Garrett Park	1600 Joliet St., Aurora, CO 80010	None	24 hours

Recreation Centers

Aurora Center for Active Adults, 30 W. Del Mar Circle, Aurora CO 80011

Moorehead Recreation Center, 2390 Havana St., Aurora, CO 80010
303.326.8315. auroragov.org

Planet Fitness, 10809 E. Colfax Ave., Aurora, 80010

Trails:

https://www.auroragov.org/things_to_do/parks_open_space_trails/trails_bike_maps



*Transportation

Bus Lines: [Next Ride - 80010 \(rtd-denver.com\)](http://NextRide-80010.rtd-denver.com)

[https://app.rtd-](https://app.rtd-denver.com/nextride/place/LTEwNC44NzQ4NjlsMzkuNzQxMjUx_ODAwMTAsQXVyb3Jh_cG9zdGNvZGUuMjc3MzI3NTk2)

[denver.com/nextride/place/LTEwNC44NzQ4NjlsMzkuNzQxMjUx_ODAwMTAsQXVyb3Jh_cG9zdGNvZGUuMjc3MzI3NTk2](https://app.rtd-denver.com/nextride/place/LTEwNC44NzQ4NjlsMzkuNzQxMjUx_ODAwMTAsQXVyb3Jh_cG9zdGNvZGUuMjc3MzI3NTk2)

City of Aurora Transportation Resources:

www.auroragov.org/residents/transportation_mobility_resources/rail_information



*Youth Related Activities/Childcare

Children's Literacy Center. One on one reading assistance. Martin Luther King Jr. Library 9898 E. Colfax Ave., Aurora, CO 80010. 719.471.8672. childrensliteracycenter.org

Street Fraternity, A place of brotherhood and person growth for urban young men.

Nightly meals and conversation, Thursday food distribution. Literacy stressed. 8720 E. Colfax Ave., Suite 100, Denver, CO 80220. 720.227.7317.

Aurora Community Connection After-school and summer tutors for elementary-age youth two times per week, citizenship class assistant once or twice per week, educational childcare assistant during adult classes, and after-school or summer program soccer coaches. 1544 Elmira St., Aurora, CO 80010. 303.617.2582. auroracommunityconnection.com

Sports Programs

City of Aurora Youth Programs & Resources: [Youth Sports - City of Aurora \(auroragov.org\)](http://YouthSports-CityofAurora.auroragov.org)
www.auroragov.org/things_to_do/recreation_sports_programs/youth_sports

The City of Aurora offers a variety of programs for youth, including recreation and sports leagues, arts and culture classes, STEM programs, and leadership development opportunities. **Colorado**

Rapids Youth Soccer Club

111 Havana St., Suite 120, Aurora, CO 80010
303.399.5858

Zip Code 80012 Resources



*COVID Specific

Colorado Health Emergency Line for general COVID-19 Questions

303.389.1687 or 877.462.2911

Hours 8 a.m. – 5 p.m., Monday – Friday.

[https://www.auroragov.org/residents/public_safety/office_of_emergency_management/covid-19 coronavirus resources](https://www.auroragov.org/residents/public_safety/office_of_emergency_management/covid-19_coronavirus_resources)

CDC Vaccine Hotline for vaccine questions:

800.232.0233

Hours 8 a.m. - 5 p.m., Monday – Friday.

Aurora COVID -19 Resources

[https://www.auroragov.org/residents/public_safety/office_of_emergency_management/covid-19 coronavirus resources](https://www.auroragov.org/residents/public_safety/office_of_emergency_management/covid-19_coronavirus_resources)

COVID Drive-thru testing Walgreens https://www.walgreens.com/findcare/covid19/testing	10601 E Alameda Ave, Aurora, CO 80012	720.262.4686
CVS Pharmacy https://www.cvs.com/store-locator/aurora-co-pharmacies/14200-e-ellsworth-ave-aurora-co-80012/storeid=16803?WT.mc_id=LS_GOOGLE_RX_16803	14200 E. Ellsworth Ave, Aurora, CO 80012	303.214.0115
CVS Pharmacy https://www.cvs.com/store-locator/aurora-co-pharmacies/1400-s-havana-st-aurora-co-80012/storeid=16751?WT.mc_id=LS_GOOGLE_RX_16751	1400 S. Havana St., Aurora, CO 80012	303.755.6614
Apex Pharmacy Mary Desta, PharmD, owner Black owned.	12597 E. Mississippi Ave. Unit 300, Aurora, CO 80012	303.479.3864
Walgreens - vaccine https://www.walgreens.com/locator/walgreens-12051+e+mississippi+ave-aurora-co-80012/id=4307	12051 E. Mississippi Ave., Aurora, CO 80012	303.340.8860

COVID Vaccine - get help finding a location to get a vaccine

<https://www.vaccines.gov/search>



*Health Facilities

Primary Care

Beckett- Graves Health and Family Practice	1450 S Havana St. Ste. 228, Aurora, CO 80012	(720) 204-3351
Guardians Angels Health Care https://www.ca-gahc.com/?utm_source=gmb_auth	1550 S Potomac St # 230, Aurora, CO 80012	(303) 369-1077
Alpine Family Practice https://www.alpinefp.com/	1400 S Potomac St Ste 130, Aurora, CO 80012	303) 752-1157
One Medical - Family Medicine https://www.onemedical.com/	1080 S Sable Blvd, Aurora, CO 80012	(720) 464-6739
Aurora Family Practice Group https://www.aurorafamilypractice.net/	1550 S Potomac St STE 370, Aurora, CO 80012	(303) 369-1080
Cornerstone Family Practice https://www.cornerstone-fp.com/	1400 S Potomac St #250, Aurora, CO 80012	(303) 531-4910
Destiny Internal Medicine https://destinyimpc.com/	1550 S Potomac St #110, Aurora, CO 80012	(720) 324-4777
Himalaya Family Medicine Clinic: https://www.bipinkumarmd.com/	1550 S Potomac St #200, Aurora, CO 80012	(303) 632-8648
Romanat Clinic Family Medicine Romanat Clinic, Inc.	11275 E Mississippi Ave #2e2, Aurora, CO 80012	303.364.1422
Colorado Alliance for Health Equity and Practice CAHEP	12201 E. Mississippi Ave. Suite 103, Aurora, CO 80012	303.954.0058

Urgent Care

Urgent Care | Kaiser Permanente Aurora Centrepoint Medical Offices

14701 E Exposition Ave., Aurora, CO 80012

303.614.7300

<https://healthy.kaiserpermanente.>

AFC Urgent Care Aurora Havana

10552 E Arizona Pl., Aurora, CO 80012

(303.343.6000

<https://www.afcurgentcare.com/aurora->

Emergency (ER) vs Urgent Care

Emergency rooms are the right place for: life or limb threatening conditions, like severe chest pain, shortness of breath, or loss of consciousness.

Urgent care is for more minor concerns, that may need attention when your doctor is not available, like bladder infection, minor sprains, or earache.

Urgent Care vs. Emergency What are the Differences?

Urgent Care

Usually has set hours
May not have specifically ER trained providers.
Limited access to specialist
Limitations on labs/ x-rays
Can save time & money

Emergency Department

Staffed 24/7
Specialized ER medical team
Access to specialists
Access to all imaging & labs needed
\$\$\$ more costly

Sources: Mayo Clinic, Kaiser Permanente



Emergency Room

The Medical Center of Aurora Emergency Room
1501 S Potomac St, Aurora, CO 80012
303.695.2600
24 Hour

UCHealth University of Colorado Hospital Emergency Room
Anschutz Inpatient Pavilion, 12505 E. 16th Avenue, 2 1st floor, Aurora, CO 80045
720.828.9111
www.uchealth.org

Hospitals

Kindred Hospital Aurora

700 Potomac St. 2nd Floor, Aurora, CO 80011
720.857.8333
24 hours
<https://www.kindredhospitals.com/locations/ltac/kindred-hospital-aurora>

UCHealth University of Colorado Hospital (UCH)

12605 E 16th Ave, Aurora, CO 80045
720.848.000

Mental Health

Aurora Mental Health & Recovery- Alameda Center https://www.auroramhr.org/	10782 E. Alameda Ave., Aurora, CO 80012	303.617.2300
Axis Integrated Mental Health- Aurora https://axismh.com/	1444 S Potomac St. Suite 220, Aurora CO 80012	720.400.7025
Paxton Recovery https://paxton-recovery-addiction-treatment-aurora-co.business.site/?utm_source=gmb&utm_medium=referral	13918 E. Mississippi Ave. #476, Aurora Co 80012	720.500.3171
Colorado Behavioral Health Administration https://socgov06.my.salesforce-sites.com/LADDERS/OBH_PSS_Provider?id=0016100001HA42qAAD	11275 E. Mississippi Ave., Aurora, CO 80012	303.353.9796
Diversity Counseling & Education Center https://diversitycounseling.wixsite.com/dcec	11111 E Mississippi Ave., Aurora, CO 80012	303.296.2350



*Food

Commercial Grocery Stores

Safeway	12200 E Mississippi Ave., Aurora CO 80012 1677 S. Havana St., Aurora, CO 80012	303. 751.6603
King Soopers https://www.kingsoopers.com/stores/grocery/co/aurora/village-green/620/00010?cid=loc_62000010_gmb	15250 E. Mississippi Ave, Aurora CO 80012 1155 S. Havana St, Aurora Co 80012	303. 671.8697 303. 755.1246
Target Grocery https://www.target.com/c/order-pickup/-/N-ng0a0?aisles_cid=5xt1a%2CGrocery%2C%2Fc%2Fgrocery%2F-%2FN-5xt1a	1400 S. Havana St, Aurora, CO 80012 14200 E. Ellsworth Ave., Aurora, CO 80012	303. 214.0114
Great Wall Market https://www.gw-supermarket.com/deal/	12303 E. Mississippi Ave., Aurora, CO 80012	720. 853.8818
Walmart Supercenter https://www.walmart.com/store/1492-aurora-co	14000 E. Exposition Ave., Aurora, CO 80012	303. 368.1115
Shabelle Market & Insurance Agency https://shebellemarketinc.com/	10731 E Alameda Ave., Unit D, Aurora, CO 80012	303. 364.8587

Food Pantry/Banks

Food Connect Colorado 12455 E Mississippi Ave. #101, Aurora, CO 80012.

More Life Community Center 14100 E. Jewell Ave, Aurora, CO 80012.

Farmer's Market

Sprouts Farmers Market (<https://www.sprouts.com/store/co/aurora/aurora-havana-st/>)

1150 S Ironton St., Unit 130, Aurora, CO 80012.

Rebel's Market Place Del Mar Park [About](#) | [Rebel Marketplace](#) | [Aurora](#)
www.rebelmarketplace.com/about

Community Gardens

Gabriel Cam Memorial Community Garden 560 Vaughn St., Aurora, CO 80011.



*Governmental Assistance

Getting SNAP | Hunger Free Colorado (<https://hungerfreecolorado.org>). Find out about SNAP eligibility.

Eligibility | CDPHE WIC (coloradowic.gov) www.coloradowic.gov/eligibility.

*Housing

Housing and Community Services (hcsadmin@auroragov.org)

Maintain community appearance and enhance the quality of life in Aurora's neighborhoods. Community outreach, code enforcement, animal services and numerous neighborhood improvement programs and services.

15151 E. Alameda Parkway, Suite 4500, Aurora, CO 80012
303.739.7280

Hope Communities, Inc <https://hopecommunities.org/>

2543 California St, Denver CO 80205

Hope Communities is an organization that strengthens communities and provides pathways to economic and personal opportunity through affordable housing, educational programs and support services.



*Job Assistance/ Training

PeopleReady, 1140 S. Abilene St. Aurora, CO 80012. 303-341-1941. Hours 5:30 am – 6 pm Monday- Friday. & am – 11 am Saturday. Closed Sunday

https://www.peopleready.com/location/aurora-co-1160/?utm_campaign=gmb&utm_medium=organic&utm_source=google

Housed Working and Healthy

<https://housedworkingandhealthy.org>,
3525 W. Oxford Ave., Denver, CO 80236



ReHire Colorado

(ReHire Colorado | Colorado Department of Human Services) <https://cdha.colorado.gov/rehire-colorado>. ReHire combines wage-paying work, job skills training and supportive services to help people successfully re-enter the workforce. 303.866.5700 (State) or 303.636.1130 (Arapahoe County).



*Physical Activity

Parks

https://www.auroragov.org/things_to_do/parks_open_space_trails/park_listing

City Center Park	14701 E. Alameda Ave., Aurora, CO 80012	303.739.7160	24 hours
Canterbury Park	1400 S Joliet St., Aurora CO 80012	None	5 a.m. - 11 p.m.
Utah Park	1800 S Peoria St., Aurora CO 80012	303. 739.1538	5 a.m. - 11 p.m.
Settler's Park	14800 E. Walsh Dr., Aurora CO 80012	303.739.7000	5 a.m. - 11 p.m.
Highline Park & Ballfields	70 S. Peoria St., Aurora, CO 80012	303739.7000	5 a.m. - 11 p.m.
Expo Park	10955 E. Exposition Ave., Aurora, CO 80012	303. 326.8630	5 a.m. - 11 p.m.

Recreation Centers

Expo Community Center - eSports Lounge at 10955 E Exposition Ave, Aurora, CO 80012.

Planet Fitness

13730 E. Mississippi, Aurora CO 80012



*Transportation

Public Transportation https://app.rtd-denver.com/nextride/place/LTEwNC44NzQ4NjlsMzkuNzQxMjUx_ODAwMTAsQXVyb3Jh_cG9zdGNvZGUuMjc3Mzi3NTk2

Zero Fare for Youth commenced September 1, 2023 and will be available at least through August 31, 2024. This program serves youth 19 and under to ride at no cost.

*Youth Related Activities/Childcare



School of Breaking

14190 E. Jewel, Suite 7
Aurora 80012
Break dancing, hip- hop

A1 Boxing

14200 E. Alameda Avenue
Aurora, CO 80012
720-600-4984



Zip Code 80017 Resources



***COVID Related**

Colorado Health Emergency Line for general COVID-19 Questions

303.389.1687 or 877.462.2911

Hours 8 a.m. – 5 p.m., Monday – Friday.

https://www.auroragov.org/residents/public_safety/office_of_emergency_management/covid-19_coronavirus_resources

CDC Vaccine Hotline for vaccine questions:

800.232.0233

Hours 8 a.m. - 5 p.m., Monday – Friday.

Aurora COVID- 19 Resources

https://www.auroragov.org/residents/public_safety/office_of_emergency_management/covid-19_coronavirus_resources

COVID Testing, Vaccine, Pharmacy services

Walgreens, 950 S. Quebec St., Denver, CO 80247

Walgreens, 15301 E. Mississippi Ave., Aurora, CO 80017

Walgreens, 15301 E. Iliff Ave., Aurora, CO 80013

COVID Vaccine- get help finding a location to get a vaccine <https://www.vaccines.gov/search>



***Health Care Facilities**

Primary Care

[Intermountain Health Buckley Clinic](#) at 550 S. Airport Blvd., Aurora, CO 80017. 303.812.5350.

Onsite Medical Testing USA, 1304 S. Chambers Rd., Aurora, CO 80017.

Urgent Care

[AFC Urgent Care Aurora City Center](#) at 15372 E. Alameda Pkwy., Aurora, CO 80017, USA.

Urgent Care | Kaiser Permanente Aurora Centrepoint Medical Offices, 14701 E. Exposition Ave., Aurora, CO 80012

Emergency Room

Emergency - call 911

UHealth Emergency Room - Aurora Central, 15300 E. Mississippi Ave, Aurora, CO 80017

Mental Health and Substance Abuse

ICC Medication-Assisted Treatment (Mat), 14701 E. Exposition Ave. Ste. 288, Aurora, CO 80012

ARCH Detox, 15101 E. Iliff Ave., Aurora, CO 80014



*Food

Commercial Grocery Stores

Safeway	1200 S Buckley Rd, Aurora, CO 80017
King Soopers	15250 E Mississippi Ave, Aurora, CO 80012
El Jakalito Market	15401 E Mississippi Ave, Aurora, CO 80017
Lotus Asian Market	844 S Buckley Rd, Aurora, CO 80017
7-Eleven	18451 E Alameda Pkwy, Aurora, CO 80017

Food Pantries/Banks

<https://www.foodpantries.org/ci/co-aurora>

Gardens

Delaney Community Garden at 170 S. Chambers Rd, Aurora, CO 80017.

Nick's Garden Center & Farm Market 2001 S Chambers Rd, Aurora, CO 80014.



*Government Services

City of Aurora Human Resources, 15151 E. Alameda Pkwy, Aurora, CO 80012.

Community Support Services Inc.: Offers various services, including emergency assistance, housing support, childcare, and employment training. (<https://www.csscreates.org/>).

Arapahoe County Human Services: Provides a range of programs, including financial assistance, child welfare services, and senior services. (<https://www.arapahoeco.gov/your-county/county-departments/human-services/index.php>).

Colorado Department of Human Services: Offers statewide programs for food assistance, health insurance, and childcare. (<https://cdhs.colorado.gov/>).

*Housing Support

Aurora Housing Authority
2280 S Xanadu Way, Aurora, CO 80014
720.251.2100



*Job Support/ Training

Aurora Workforce Center: Offers job training programs and resources for job seekers. (https://www.auroragov.org/city_hall/working_for_the_city).

ReHire Colorado ([ReHire Colorado | Colorado Department of Human Services](https://cdha.colorado.gov/rehire-colorado))
<https://cdha.colorado.gov/rehire-colorado>. ReHire combines wage-paying work, job skills training and supportive services to help people successfully re-enter the workforce. 303.866.5700 (state) or 303.636.1130 (Arapahoe County).



*Physical Activity

Parks

Ankle Park, 1532 S. Buckley Way, Aurora, CO 80017.

Rocky Ridge Park, 16200 E. Mississippi Ave., Aurora, CO 80017. Opening hours are Monday-Sunday: 5:00 a.m.-11:00 p.m.

Recreation Centers

Sēb's Recreation Center,
1710 South Buckley Road, #9,
Aurora, CO 80017

24 Hour Fitness
512 S. Chambers Road, Aurora CO 80017.

Planet Fitness
1730 South Buckley Road, Aurora, CO 80017.



*Transportation

<https://www.rtd-denver.com/routes-services>



*Youth Activities

<https://denverymca.org/locations/aurora-ymca>



DENVER

Zip Code 80205 Resources



*COVID Related

Colorado Health Emergency Line for general COVID-19 Questions

303.389.1687 or 877.462.2911

Hours 8 a.m. – 5 p.m., Monday – Friday.

https://www.auroragov.org/residents/public_safety/office_of_emergency_management/covid-19_coronavirus_resources

CDC Vaccine Hotline for vaccine questions:

800.232.0233

Hours 8 a.m. - 5 p.m., Monday – Friday.

COVID Vaccine- get help finding a location to get a vaccine <https://www.vaccines.gov/search>

COVID-19 Drive Thru Testing @ Walgreens

Walgreens Pharmacy, 3555 Colorado Blvd. 80205, offers scheduled flu and covid tests and vaccines, as well as at-home testing options. Opportunities for uninsured patients to feel secure in their health as well.

*Health Care Facilities



Primary Care

Denver Health Bernard F. Gipson Eastside Family Health Center: 501 28th St, Denver, CO 80205

The Denver Health Eastside Family Health Center is a clinic and pharmacy that provides primary care to Denverites in the surrounding area, with services ranging from HIV care, to mental health care, to social work.

Inner City Health Center 3800 York St, Denver, CO 80205. Inner City Health is a Christ-centered healthcare home for underserved individuals. Their mission is sharply focused on providing equitable, high-quality healthcare for all.

303.296.1767

Kaiser Permanente Franklin Medical Offices

2045 Franklin St # 200, Denver, CO 80205

303.338.4545

York Street VA Center: 3836 York St, Denver, CO 80205

Provides medical care for veterans and their families. They offer a wide range of services such as mental health, primary care, urgent care, COVID-19 testing, and other services.



*Health Care Facilities

Stout Street Health Center 2130 Stout Street, Denver CO 80205, 303.293.2220

HOURS: Monday- Friday: 7:00 a.m. – 4:30 p.m.

Closed Saturday and Sunday

The Caritas Community Clinic: [Visit Website](#)

1960 N. Ogden St. Ste. 400

Denver, CO 80218

[\(303\) 318-1540](#)

UC Health Primary Care- Uptown: 1700 N. Marion St., Denver, CO 80218

UC Health offers care for individuals of all ages and provides a large handful of treatments to meet the needs of people from all walks of life.

Hospitals

Presbyterian/St. Luke's Medical Center. 1719 E. 19th Ave., Denver, CO 80218

St. Luke's provides many avenues of care and specializes in several studies such as neurology, orthopedics, women's health and more.

Saint Joseph Hospital. 1375 E 19th Ave, Denver, CO 80205

Saint Joseph has been providing health care to Denver since 1873 and currently offers emergency services, labor and delivery services, heart and vascular care and much more.

Kindred Hospital Denver: 1920 High St., Denver, CO 80218

Kindred offers a wide range of treatment services from rehabilitation to ICU and surgery recovery.

Specialty Care

Western Orthopedics: 1830 Franklin St, Denver, CO 80218

Offers a wide range of services including physical therapy and surgical procedures.

Eating Recovery Center- Denver: 1830 Franklin St, Denver, CO 80218

Eating Recovery Center offers treatment for teens and children dealing with eating disorders.

Rocky Mountain Cancer Centers- Denver: 1800 N Williams St, Denver, CO 80218

Various cancer treatments are offered here, ranging from chemotherapy to immunotherapy.

Midtown Surgical Center: 1919 E 18th Ave, Denver, CO 80206

Midtown surgical center is a multi-specialty surgery center that provides outpatient and short-stay surgical procedures to Denverites.

DRUG TESTING

H.I.S. Consulting & Sobriety Monitoring 3241 Arapahoe Street, Denver 80205.

Sobriety Monitoring offers screening for pre-employment and EMT clinicals, fluids collection, and life coaching for anyone who needs it.

Medication Assisted Treatment for Opioid Use. Stout Street Clinic Stout, Street Health Center
2130 Stout Street, Denver CO 80205. 303.293.2220



***Food**

Commercial Grocery Store

Safeway: 757 E 20th Ave, Denver, CO 80205

Town Grocery, 2815 Downing St., Denver, CO 80205

Food Banks/Pantries

Brother Jeff Cultural Center

2836 Welton Street
Denver, CO 80205

Agape Christian Church - Food Pantry

2501 California St, Denver, CO 80205
303.396.2454

City Harvest Food Bank (managed by Volunteers of America): <https://www.voacolorado.org/be-a-light>

2660 Larimer ST.
Denver, CO 80204
303.297.0408

Provides perishable and non-perishable food items.

Open Wednesday through Tuesday from 8:30 a.m. to 12:30 p.m. (closed Saturday and Sunday).

Anchor of Hope Church - Say Yes (partner agency of Food Bank of the Rockies)

2101 High St, Denver, CO 80205
303.861.4597

Pantry distribution on the 3rd Saturday of each month from 10:00 a.m. to 11:30 a.m.

The Salvation Army - Harbor Light - Food Distribution Center

2136 Champa St, Denver, CO 80205 Offers food distribution services.
Open daily from 8:00 a.m. to 5:00 p.m. Contact for details: 720. 305.5665.

Twin Parishes Food Bank

3663 Humbolt St., Denver CO 80205.
www.twinparishesfoodbank.org

Sharing & Caring Ministries

3739 Downing Street, Denver, CO 80205.
303.295.3301

Monday-Thursday 10 a.m. – 2 p.m. However, this is not always open during all these hours each week. Please call ahead to confirm your visit.

Denver Rescue – Lawrence

2222 Lawrence St, Denver, CO 80205

303.297.1815

Serves 3 hot meals 7 days a week. Breakfast 6:30 a.m.-8:00 a.m, Lunch 12:00 p.m. -1:00 p.m.,
Dinner 5:00 p.m. -6:30 p.m. <https://denverrescuemission.org/who-we-are/locations/lawrence-street-shelter/>

Gardens

Cole Community Garden: 1350 E. 33rd Ave., Denver, CO 80205.

City Lights Community Garden: 2260 Tremont Pl., Denver, CO 80205.

36th & Lafayette Community Garden: 3600 Lafayette St., Denver, CO 80205.

Cole-Clayton Greenway: 3900 N Williams St., Denver, CO 80205.

***Housing**

Colorado Coalition for the Homeless

2111 Champa St, Denver, CO 80205

303.293.2217



***GOVERNMENT ASSISTANCE**

Denver Human Services- East Office: 3815 Steele St, Denver, CO 80205.
support ranging from medical assistance services to housing support.



***Job Support/Training**

The Learning Source, 929 29th St., Denver, CO 80205 provides classes for all ages that cater to their needs to find a job, obtain a GED, transition to college, or simply improve their math or English skills.

Community Outreach Service Center, 2515 California Street, Denver CO 80205.

Info@coscdenver.org, www.coscdenver.org

Step Denver, 2029 Larimer Street, Denver CO 80205. <https://stepdenver.org/>. 303.295.7837

Center for Employment Opportunities, 3532 Franklin St., Suite S, Denver, CO 80205.

Urban Peak–Denver – full service youth serving non-profit organization.

Located at 2100 Stout Street First Floor, Denver, CO 80205. Reach them at 303.974.2900. Free Services. Offers employment and training Services team aids youth ages 15 - 24 experiencing homelessness and those at risk of homelessness. Services include Job Readiness Training (JRT), career training services, job search assistance, job placement and job retention services.

<https://www.urbanpeak.org/denver/programs-and-services/education-and-employment/employment-services/>



***Nonprofit Support Centers**

Community Outreach Service Centre - 2501 California St., Denver, CO 80205. 303.295.6180. Their 5 pillars are employment, housing, peer support, building community, basic needs. Community support group every Wednesday at 1 p.m. Other services- Housing navigation and resources, clothing, food pantry, hygiene kits, mental health/substance abuse resources, one on one/group peer recovery coach, and summer youth program.

Global Health Foundation: 1031 33rd St., Unit #174, Denver, CO 80205

The Global Health Foundation focuses their attention on women and children in need of support. They work to prevent maternal and newborn deaths by providing resources and links to reproductive healthcare. They also work at relieving global health crises, an example of one being the Ebola outbreak in West Africa from 2013-2016.

Posner Center for International Development: 1031 33rd St., Denver, CO 80205

Posner aims to build a more socially developed and equitable world. They branch out globally and are partnered with hundreds of other organizations to provide high quality programs to Denverites and others around the world that focus on strengthening intra community relationships.

Denver Dream Center: 2165 Curtis St., Denver, CO 80205

Denver Dream Center is an outreach organization that offers several programs to unhoused families and individuals, as well as ex-convicts within the Denver area. They provide food pantry clothing drive services, transitional programs for families experiencing homelessness and newly freed prisoners, as well as sports programs for youth to discourage gang involvement.



Volunteers of America Colorado

<https://www.voacolorado.org/affiliates/volunteers-of-america-colorado/>

Services include housing, emergency shelter, food services and other community support programs. Info@voacolorado.org.



*Physical Activity

Parks

City Park	2001 Colorado Blvd., Denver, CO 80205
Boyd (J Langston) Park	3101 Colorado Blvd., Denver, CO 80205
City of Nairobi Park	3500 Cook S.t, Denver, CO 80205
Martin J Schafer Park-	3724 Columbine St., Denver, CO 80205
Russell Square Park	3600 Vine St., Denver, CO 80205
Fuller Park	2801 Williams St., Denver, CO 80205
Madame CJ Walker Park	3014 High St., Denver, CO 80205
Benedict Fountain Park	401 E 20th Ave., Denver, CO 80205
Frederick Douglass Park	3000 Franklin St., Denver, CO 80205
Dr. Daniel Hale Williams Park	3000 Lafayette St., Denver, CO 80205
George Morrison Sr. Park	3137 Gilpin St., Denver, CO 80205
Mestizo-Curtis Park-	1021 30th St., Denver, CO 80205

Recreation Centers

Saint Charles Recreation Center

3777 Layette St., Denver, CO 80205.
303.295.4462

Glenarm Recreation Center

2800 Glenarm Pl., Denver, CO 80205.
720. 865.3380



*Youth and Childcare

Apprentice of Peace Youth Organization

2245 Curtis Street, Suite 200, Denver, CO 80205.
303.656.9288

Makeachessmove.org 2015 26th Avenue #B, Denver, Colorado 80205. 303.818.4609.

10Four Youth Center: Located at 2102 N Marion St, Denver, CO 80205. After-school programs, leadership development, and college prep resources for youth ages 12-18.

The Denver Youth Employment Program (DYEP: workforce-related supports for youth and young adults ages 14-24. <https://denvergov.org/Government/Agencies-Departments-Offices/Agencies-Departments-Offices-Directory/Economic-Development-Opportunity/Employers-Jobseekers/For-Jobseekers/Youth>

Community Outreach Service Center, 2515 California Street, Denver. 303.295.6180. Summer youth programs.

Zip Code 80207 Resources



***COVID Specific**

Colorado Health Emergency Line for general COVID-19 Questions

303.389.1687 or 877.462.2911

Hours 8 a.m. – 5 p.m., Monday – Friday.

https://www.auroragov.org/residents/public_safety/office_of_emergency_management/covid-19_coronavirus_resources

CDC Vaccine Hotline for vaccine questions:

800.232.0233

Hours 8 a.m. - 5 p.m., Monday – Friday.



***Health Facilities**

Primary Care

The Little Clinic

Located inside the King Soopers at 2810 Quebec St, Denver 80207 The Little Clinic offers everything from COVID testing, to vaccines, to treatments for many common illnesses. They provide care at reasonable prices and accept a variety of insurance, ensuring that care is available to all.



Park Hill Family Health Center, 4995 E. 33rd Ave, Denver, CO 80207.

Being another branch of Denver Health, Park Hill Family Health Center provides and offers the same medical services as the Denver Health Eastside Family Health Center.

Urgent Care

Advanced Urgent Care and Occupational Medicine, 3890 Quebec St., Suite A & B, Denver CO 80207. Hours: Monday - Saturday 8 a.m. – 7 p.m., Sunday 8 a.m. – 6 p.m. 303.558.0508.

CentralPark@advurgent.com

Mental Health

Dahlia Campus for Health and Wellbeing: 3401 Eudora St, Denver, CO 80207.

The Dahlia Campus provides mental well-being programs and therapy services for individuals of all ages.

Evolve Psychology Center: 3401 Quebec St #4500, Denver, CO 80207.

Evolve provides therapy to Denverites experiencing mental hurdles to help them tackle their mental help crises.

Addiction Recovery Centers

Cadrec, 3315 Gilpin St., Denver, CO. 303. 295.2521.

Cadrec offers addiction and behavior treatments to adult individuals, youth, and families. They help by providing education and counseling to those who need it and services that satisfy the legal requirements that are commonly associated with drug and domestic violence charges.

Chrysalis Treatment Center, 3254 Larimer St. Denver, CO 80205. 800.910.3896.

Chrysalis Treatment Center services anyone in need of addiction or mental health treatment. With services that cater specifically to men and women dealing with substance abuse, trauma, and/or PTSD, as well as addiction, peer support, and mindfulness classes. ccctreatment.com

Alpine Recovery Center

1415 Park Ave. West, Denver CO 80205. 720.513.2228

Alpine Recovery offers a wide range of services for those struggling with mental health crises and drug or alcohol abuse. Free transport service to ensure that anyone can receive care without transportation hindering the process.



*Food

Commercial Grocery Stores

<u>King Soopers</u>	2810 Quebec St., Denver, CO 80207
Holly Market	5538 E 33rd Ave., Denver, CO 80207
Fairfax Market	2835 Fairfax St., Denver, CO 80207
<u>Walmart Supercenter</u>	7800 Smith Rd., Denver, CO 80207

Food Pantries/Banks

People's Pantry, 3401 Eudora St, Denver, CO 80207 303.300.6333

Greater Park Hill Community, Inc. - Food Distribution Center 2823 Fairfax St, Denver, CO 80207. 303.388.0918

Park Hill Sda Church - Food Distribution Center 3385 Albion St, Denver, CO 80207, 303.333.5089.

Church of Christ at Forest Street, 3500 Forest St. Denver, CO 80207. 303.524.9351.

Park Hill Food Pantry

5500 East 26th Avenue Denver Colorado 80207

303.916.3214

Clients must have an appointment for Fridays, but they do not need an appointment for Sundays. To make an appointment, clients can visit parkhillpantry.com.

Denver Rescue – Ministry Outreach Center
5727 East 39th Avenue Denver Colorado 80207

(303) 297-1815

HOURS: Monday-Friday from 8:30 a.m.-11:30 a.m.

<https://denverrescuemission.org/who-we-are/locations/ministry-outreach-center/>

Gardens

The Urban Farm Community Garden: 10200 Smith Rd, Denver, CO 80207

Shorter Community AME Church Garden: Located at 3100 Richard Allen Ct., Denver, CO 80207.

Steck School Community Garden: Located at 425 Ash St., Denver, CO 80207. This garden is part of Steck Elementary School. While I couldn't find much information or reviews online, it's a good idea to contact the school directly to find out if the garden is open to the public or if they have any volunteer opportunities.



***Physical Activity**

Parks

City of Axum Park	4400 Bruce Randolph Ave., Denver, CO 80207
W.H. Ferguson Park	2270 Dexter St., Denver, CO 80207
Fairfax Park	2856 Fairfax St., Denver, CO 80207
Skyland Park	3380 Holly St., Denver, CO 80207
Thomas Ernest McClain Park	3001 Quebec St., Denver, CO 80207
Fred Thomas Park:	2400 Quebec St., Denver, CO 80207

Recreation Centers

Hiawatha Davis Jr Recreation Center- 3334 Holly St, Denver, CO 80207.

Martin Luther King Jr Recreation Center 3880 Newport St, Denver, CO 80207. 720.865.0530

Boys & Girls Club of Metro Denver (Holly Street Club): 3333 Holly St, Denver, CO 80207. Hours: 3:00 PM to 8:00 PM Monday - Friday during the school year. After-school and summer programs for children ages 5-18. <https://www.bgcmd.org/>.

U Prep Steele Street Boys & Girls Club: 3230 38th Ave, Denver, CO 80207. While it has the same affiliation as the Holly Street Club, <https://www.bgcmd.org/> as well. Call the Holly Street location (303-321-0340) to get specifics about the U Prep Steele Street location.



*Job Support/Training

Cross Purpose 3050 Richard Allen Court, Denver, CO 80205. 720.724.9544.

Info @crosspurpose.org. Cross Purpose prepares and trains individuals in various fields of work including tech, culinary, medical, transportation, and various trades just to name a few.

Noeticus Counseling Center and Training Institute: 3401 Quebec St., #4500, Denver, CO 80207. The Noeticus Counseling Center provides various training revolving around addiction recovery, recovery therapy, and much more



*Non-Profit Support Services /Community Organizations

Center for African American Health, caahealth.org. 3350 Hudson St., Denver, CO 80207. 303.355.3423.

Spark the Change Colorado (formerly Metro Volunteers): 3399 Holly St. Denver, CO 80207. Spark the Change Colorado connects volunteers with opportunities in the Denver metro area. They focus on critical needs in areas like education, homelessness, and hunger. They have a rating of 4.4 stars on Google Maps.

Denver Rescue Mission Ministry Outreach Center 5725 E 39th Ave. Denver, CO 80207. Denver Rescue Mission provides emergency shelter, food, clothing, and addiction recovery services to men, women, and children experiencing homelessness in Denver.



*Youth and Childcare

Kids 4 Real: Located at 1400 E 33rd Ave, Denver, CO 80207. This daycare offers a play-based, learning through exploration program.

Cleo Parker Robinson Dance
119 Park Ave W, Denver, CO 80205.
303..295.1759

Early Excellence DPS (Whittier): 730 E 28th Ave, Denver, CO 80205. This daycare center is part of the Denver Public Schools Early Excellence program and offers a play-based curriculum focused on social-emotional development, math, literacy, and science.

Denver Red Shield Corps Childcare Program: Located at 1430 Blake St, Denver, CO 80202. This daycare center is part of the Salvation Army and offers a faith-based program along with early childhood education.

Boys & Girls Clubs of Metro Denver: <https://www.bgcmand.org/> offers after-school and summer programs for children ages 5-18 in various locations across Denver. You can search their website for locations in your area.

YMCA of the Rockies: [invalid URL removed] offers various youth programs including sports, camps, childcare, and more at multiple locations in the Denver metro area.

Denver Parks and Recreation:

<https://www.denvergov.org/Government/Departments/Parks-Recreation/Programs/Youth-Programs> offers a variety of after-school and summer programs for children of all ages, including sports, arts, and cultural activities.

City of Denver Office of Youth

Engagement: <https://www.denvergov.org/Government/Offices/Office-of-Youth-Engagement> provides resources and information on youth programs and services in Denver.

Anna Jo Garcia Haynes Early Learning Center

2851 Tremont Pl.,
Denver, CO 80205
Classrooms: 1 Infant, 2 Toddler, 2 Preschool (full day/extended day)

Northeast Early Learning Center 3503 Marion Street
Denver, CO 80205 Classrooms: 1 Preschool, 1 Toddler (full day/extended day)

Park Hill Pirates Sports Organization

Cheer, Football, **literacy program**
2840 Fairfax, Suite #260
Denver CO 80207
720.251.6208 or 720.272.6795

Denver Elite Diamondz

Majorette/hip hop dance
2825 Fairfax Street
Denver 80207
720.366.0900

Blackhawks Youth Organization

Girls Basketball.
2869 Ivy Steet
Denver, CO 80207
720.404.0793



Zip Code 80231 Resources



***COVID Related**

Colorado Health Emergency Line for general COVID-19 Questions

303.389.1687 or 877.462.2911

Hours 8 a.m. – 5 p.m., Monday – Friday.

https://www.auroragov.org/residents/public_safety/office_of_emergency_management/covid-19_coronavirus_resources

CDC Vaccine Hotline for vaccine questions:

800.232.0233

Hours 8 a.m. - 5 p.m., Monday – Friday.



***Health Facilities**

No health facilities in this zip code. Listed are some services near by.

Primary Care

Denver Health: Lowry Family Health Center

1001 Yosemite St, Denver, CO 80230

303.602.4545

www.denverhealth.org

Evans Medical Center

4700 E. Iliff Ave,
Denver, CO 80222.

303.335.0062

<https://evansmedicalcenter.com/#intro>

MedNow Clinics – Denver South

3540 S. Popular St., Suite 200,
Denver, CO 80237.

303.226.0013

Monday – Friday 8 a.m. – 5 p.m.

UCHealth Internal Medicine - Lowry www.uchealth.org

8111 E Lowry Blvd Ste 120, Denver, CO 80230.

720. 848.9500

AdventHealth ER and Urgent Care, Southmoor

7000 Hampden Ave. Denver, CO 80224.

303.925.4199



*Food

Commercial Grocery Stores

King Soopers	4600 Leetsdale Dr., Glendale, CO 80246 890 S Monaco Pkwy., Denver, CO 80224 825 S Colorado Blvd., Denver, CO 80246
Walmart Neighborhood Market	S Parker Rd., Denver, CO 80231
Whole Foods	7400 E Hampden Ave., Unit D Denver, CO 80231
Nazar International Market nazar-market.edan.io	1842 S. Parker Rd., Denver, CO 80231

Food Pantry/Banks

Jewish Family Community Service – Weinburg Food Pantry

3201 S Tamarac Dr, Denver, CO 80231.

(303) 597-5000

jewishfamilyservice.org

PHONE: 720 248-4716

HOURS Tuesday, Wednesday and Friday from 10 a.m.-1p.m. No appointment necessary.

<https://www.jewishfamilyservice.org/mobile-pantry>

Community Gardens

Cook Park Community Garden

5800 E Mexico Ave, Denver, CO 80224.

(303) 292-9900

cookparkneighborhood.com

McMean School Community Garden

1000 S Holly St., Denver, CO 80246.

(720) 424-5520

***Housing**

Habitat for Humanity (HFH)Metro Denver

7535 E Hampden Ave., Ste. 600, Denver, CO 80231.

303-534-2929

Website

[Advancing Black Homeownership | Habitat for Humanity](http://www.habitat.org/our-work/advancing-black-homeownership)
www.habitat.org/our-work/advancing-black-homeownership



***Physical Activity**

Parks

Colorado Front Range Trail	Colorado Front Range Trl., Denver, CO 80231
Goldsmith Gulch Trailhead	7201 E Eastman Ave., Denver, CO 80231
Welch Park	Welch Park, 9015 E. Jewell Cir, Denver, CO 80231

Recreation Centers

None in 80231 Zip code.



***Youth**

Rain Basketball Club Tams

7535 E. Hampden Avenue, #400

Denver, CO 80231

714.483.8250

Yo Self Care Revolutionary Self

1602 S. Parker Road

Denver, CO 80231

970.480.7434

Zip Code 80239 Resources



*COVID Specific

Colorado Health Emergency Line for general COVID-19 Questions

303.389.1687 or 877.462.2911

Hours 8 a.m. – 5 p.m., Monday – Friday.

https://www.auroragov.org/residents/public_safety/office_of_emergency_management/covid-19_coronavirus_resources

CDC Vaccine Hotline for vaccine questions:

800.232.0233

Hours 8 a.m. - 5 p.m., Monday – Friday.

Walgreen’s Pharmacy, 18550 Green Valley Ranch Blvd, Denver, CO 80249.

720.214.1030

Costco Wholesale Pharmacy, 4741 Airport Way, Denver, CO 80239. 303.957.3510.



*Health Facilities

Primary Care

Montbello Family Health Center	12600 E. Albrook Dr., Denver, CO 80239	303.602.4000	Mon.-Thurs. 8 a.m.- 6 p.m. Fri: 8 a.m.- 5 p.m Sat: 8am-12pm
UC Health Primary Care- Green Valley Ranch	4809 Argonne Street 100 Denver, CO 80249		Mon. -Fri. 8 a.m. - 5 p.m. Sat. - Sun. Closed
SCL Health Medical Group- Green Valley Ranch	4859 N. Yampa St., Denver, CO 80249	303.812.3940	Mon. -Fri. 7 a.m. – 5 p.m. Sat.-Sun. Closed
Veros Health	18620 Green Valley Ranch Blvd., Suite #101, Denver, CO 80249	720.577.4885	Mon.-Fri. 8 a.m. -5 p.m.
Front Range Family Eye Care of GVR	4809 Argonne St., #250, Denver, CO 80249	720. 353.4972	Mon. -Fri. 9 a.m. - 6 p.m. Sat. 9 a.m.-1 p.m.
Horizon Pediatrics	18620 Green Valley Ranch Blvd. Suite #101, Denver, CO 80249	720. 489.1111 Appointment Line: 720.929.8300	Mon.,Tues. Thurs., Fri. - 8AM-5PM Wed. 8 am.- 5:30 p.m.
GVR Dental and Orthodontics	4998 Tower Road, Denver, CO 80249	303.625. 6914	Mon-Thurs:830AM-5PM
Kids & Adult Dental Clinic	4844 Chambers Rd, Denver, CO 80239	303.495.2801	Mon.-Fri. 9 a.m. -5 p.m. Sat. 8 a.m. -2 p.m.

Emergency Care

UC Health Emergency Room- Green Valley Ranch
18610 Green Valley Ranch Blvd Denver, CO 80249. Mon.-Sun., all Day.
303.307.5900



Drum roll! Learn about this Black owned compounding pharmacy.



New Patients Please Call 720-710-1097

4809 Argonne St, Suite 155 Denver CO, 80249 · Current Patients: 720-583-2110



Dr. Alice Soremekum, Pharm D operates this neighborhood pharmacy. Since 2016, TKS (Total Kare Solutions) has served Green Valley Ranch, Montbello, and Metro Denver. They offer a number of services including COVID shots and other immunizations, over the counter medications, FREE delivery of medications for those living within a 10 mile radius, wellness classes, basic health screenings – blood pressure, glucose, cholesterol, health tips and more.

TKS is a compounding pharmacy so they can offer unique dosage forms.



*Food

Commercials Grocery Stores

King Soopers (Green Valley Ranch)
18605 Green Valley Ranch Blvd, Denver, CO 80249.
303.371.8767

Walmart Neighborhood Market, 5141 Chambers Rd., Denver, CO 80239 (just outside Montbello on the eastern edge) and offers a variety of groceries, bakery items, and household essentials [<https://www.walmart.com/store/3127-denver-co>].

Save A Lot, this discount supermarket chain is another option at 4874 Chambers Rd. Denver, CO 80239 (also on Chambers Rd. near the Walmart). They offer budget-friendly groceries ([savealot.com](https://www.savealot.com)).

San Antonio Mexican Groceries, this store specializes in Mexican groceries, 10705 51st Ave., Unit B, Denver, CO 80239.

Future Developments:

FreshLo Hub: The Montbello Organizing Committee is developing the FreshLo Hub, a project that will include a grocery store operated by the non-profit Daily Table. This store is expected to open by the end of 2024 and will focus on providing affordable, fresh, and healthy food options (<https://montbelloorganizing.org/freshlo-hub/>).

Food Pantry/Bank

Mobile Food Pantry:

Montbello Mobile Food Pantry: This pantry, run by the Montbello Organizing Committee in partnership with Food Bank of the Rockies, distributes fresh produce, meat, dairy products, and shelf-stable items on the 1st and 3rd Thursday of every month from 9:00 a.m. to 11:00 a.m., or until food runs out. The distribution happens at the Montbello Recreation Center, 15555 E. 53rd Ave., Denver, CO 80239.

Sacks of Love distributes food boxes Monday-Friday at its outdoor food pantry, 12,000 E. 47th Avenue. Boxes contain non-perishable items as well as fresh produce, meat, and bread. Food is distributed beginning at noon and continues until supplies are depleted.

Montbello Mobile Food Pantry distributes food boxes the first and third Thursday of each month. The pantry operates out of the parking lot at Montbello Recreation Center, 15555 E. 53rd Ave., Denver, CO 80239. Open from 9 a.m. to noon

Feeding Denver's Hungry, 11402 E. 53rd Ave., Denver, CO 80239. This pantry requires an appointment for food distribution. You can visit their website here: <https://feedingdenvershungry.org/grocery-store/> or call them at 303.322.4864 to schedule an appointment and learn more about eligibility requirements.

FOOD BANK OF THE ROCKIES Distribution, volunteers fill agency food orders; reclamation volunteers sort, sanitize and inspect food; Community Kitchen volunteers prepare meals; Kids Café volunteers fill snack orders, and pack backpacks and senior totes. Minimum age: 16 (14 with adult) 10700 E. 45th Ave., Denver, CO 80239. 303.375.5818. foodbankrockies.org

Gardens

jardinesperanzacommunitygarden@dug.org

14390 Bolling Dr., Denver, CO 80239.

Urban Garden Community Farm

10200 Smith Road, Denver, CO 80239.

fiveloavescommunitygarden@dug.org

4879 Crown Blvd., Denver, CO 80239.



*Job Support

The Workforce Center in Montbello, Arie P. Taylor Building, 4685 Peoria St., #201, Denver, CO 80239.

ReHire Colorado ([ReHire Colorado | Colorado Department of Human Services](https://cdha.colorado.gov/rehire-colorado))

<https://cdha.colorado.gov/rehire-colorado>. ReHire combines wage-paying work, job skills training and supportive services to help people successfully re-enter the workforce. 303.866.5700 (state) or 303.636.1130 (Arapahoe County).



*Non- profit Support Services

Montbello Organizing Committee

12000 E. 47th Ave., Suite 113,
Denver, CO 80239.

Montbello Walks is a grassroots initiative focused on creating a walkable community in Montbello. They organize walks and walking events to encourage residents to get outside and be active <https://www.montbellowalks.com/> **720.620.5735. E: pamjiner@yahoo.com**

Athletics and Beyond

4990 Nome Street, Unit C,
Denver, CO 80239.

<http://www.athleticsandbeyond.com/>

Struggle of Love Foundation

12000 E. 47th Ave Suite #403,
Denver, CO 80239.

This organization focuses on youth development and provides services like mentorship, after-school programs, and social activities. <http://struggleoflovefoundation.org/>

Families Forward Resource Center

12000 E. 47th Ave #113
Denver, CO 80239. 303. 307.0718

Families Forward Resource Center (FFRC) has been strengthening families in northeast metro Denver and Aurora since 1995. Families Forward Resource Center (FFRC) is a full service community service center providing supportive services and programs to northeast Denver and north Aurora, CO.

The Righteous Project, Inc., 3807 Himalya Rd., #3, Denver, CO 80249

“Empowering the future. “Dedicated to fostering free financial wisdom among our community’s youth”. They invite individuals of all ages to unite in our pursuit of erasing generational wealth disparities.

Montbello Barbers, 4848 Chambers Rd., Denver CO 80239. “We will make the world better one cut at a time”. Sponsors barbershop talks, partners with Colorado Black Health Collaborative’s barbershop program to provide free blood pressure screening, community and youth events



*Physical Activity

Parks

Montbello Central Park	4900 Crown Blvd., Denver, CO 80239
Montbello Open Space Park	E. 46 th Ave., Denver, CO 80239
Village place park	Carson St. & Albrook Dr., Denver, CO 80239
<u>Parkfield Lake Park</u> Recreation hub with athletic fields & courts, picnic areas, a playground, an amphitheater & more.	15555 E. 53rd Ave, Denver, CO 80239
Falcon Park	Maxwell Pl. & Yost Ct., Denver, CO 80239
Silverman Park	12875 Andrews Dr., Denver, CO 80239
Montbello Civic Center Park	4401 Crown Blvd., Denver, CO 80239
Elmendorf Park	12701 Elmendorf Pl. Denver, CO 80239
Uvalda Trail hike or bike ride. The trail is 2 miles round trip and is dirt.	12900 E. 56 th Avenue

Recreation Centers

Montbello Recreation Center

Has basketball court, pool.

Parkfield Lake Park

15555 E 53rd Ave, Denver, CO 80239.

Planet Fitness

4876 Chambers Road, Denver CO 80239.

*Support for Care Givers

Arise Home Health Care

19557 E 39th Avenue. Denver, CO 80249.

720-400-2706

The Caregiver's Guardian is a Denver Colorado-based consulting service supporting, encouraging, and advocating for the **family caregiver**. <https://tcgcares.com/>



*Youth

Denver Broncos Boys & Girls Club

4397 Crown Blvd
Denver, CO 80239
[\(303\) 373-1900](tel:3033731900)

Colorado Lions Youth organization

Football and Cheer
5106 Perth Court
Denver, CO 80249

Elk Education Center

12680 Albrook Dr. Denver, CO 80239.

This is an environmental and outdoor Education Center and 4.5-acre Open Space Park. It is a place in the community to learn, play and create through improved access to nature, educational and community programs in a safe place within the neighborhood.

Montbello Summer Bike Programming

Sponsored by Bicycle Colorado. Various bike education programs centered in Montbello
www.bicyclecolorado.org/initiatives/bike-school/montbello-summer-bike-series/

Montbello Branch Library – Game ON-Teens

12955 Albrook Dr., Denver CO 80239.
720.865.0200

Gaming program for teens.

www.denverlibrary.org/event/copy-game-teens-9

[Game ON- Teens | Denver Public Library \(denverlibrary.org\)](http://www.denverlibrary.org/event/copy-game-teens-9)

Neighborhood Art Studio

4890 Iron Stretti Unit 6c
Denver, CO 80239

EZTAX Academy

Tutoring, leadership.
4730 Oakland Street, Unite 400
Denver Co 80239

Montbello Falcons, Football

Denver, CO 80249
720-588-5303



Other Support, General

These resources are not tied to just one zip code.

911 EMERGENCY

988 Suicide and Crisis Lifeline

Mile High United Way 2-1-1, this free and confidential service can connect you with caregiver resources in your area. You can dial 2-1-1 or visit their website to chat with a resource specialist. unitedwaydenver.org.

Center for Trauma and Resilience

If you are a victim of a crime in Denver, Colorado and in need of services, please contact:

Helpline Number

303. 894.8000

*Addiction:

Lift the Label

Things you can do if your loved one has an addiction: call 1-844-493-8255 to talk with a counselor and get help. Search for treatment providers at LiftTheLabel.org/getHelp.

*Caregiver Support/Elder Support:

The Caregiver's Guardian is a Denver Colorado-based consulting service supporting, encouraging, and advocating for the **family caregiver**. <https://tcgcares.com/>

Telephone buddy – receive a call once or twice a week, a human touch to check on you, a friendly voice to share experiences, share kindness, bring purpose to your life. To receive calls from a telephone buddy - 303.333.3482 or toll free 1.855.293.6911.

Denver Regional Council of Government (DRCOG) Area Agency on Aging (AAA): This agency provides a range of services and resources for older adults and caregivers in the Denver metro area. They can connect you with resources specific to your needs drcog.networkofcare.org. You can reach them by phone, 303.480.6700.

Alzheimer's Association <https://www.alz.org/co>

The Alzheimer's Association is the trusted resource for information, education, referral and support to millions of people affected by memory concerns.

Free 24/7 Helpline: [800.272.3900](tel:800.272.3900)

Tools: Go to www.alz.org/help-support/resources/alznavigator to create customized action plans and connect with local support services.

10 Warning signs of Alzheimer’s Disease

Memory loss that disrupts daily life	Challenges in planning or solving problems	Difficulty completing familiar tasks	Confusion with time or place	Trouble understating visual images and spatial relationships
New problems with words-reading or writing	Misplacing things & not able to retrace steps	Decreased or poor judgment	Withdrawing from job or social activities	Changes in mood & personality

[alzheimers-dementia-10-warning-signs-worksheet.pdf](#)

***In-Home Care Agencies:**

Homewatch CareGivers of South Aurora They offer a variety of services, including companionship, personal care assistance, medication reminders, and transportation. Their caregivers are trained and insured. You can contact them at 303. 800.0206 or visit their website, <https://www.homewatchcaregivers.com/>.

Visiting Angels Aurora provides in-home care services such as bathing, dressing, meal preparation, and light housekeeping. They also focus on companionship and emotional support for your loved one. Contact them at 720. 277.3574 or visit their website, <https://www.visitingangels.com/aurora/home>.

Cheryl Pegues, Owner, LifeSmartConcepts, LLC
<https://www.lifesmartconcepts.com/>
 PO Box 370694, Denver, CO 80237.
(303)618-3591

***Food:**

Hunger Free Colorado

Food Resource Hotline – 855.855.4626
 Connects Coloradans to needed food and nutrition resources.
 15400 E. 14th Place, Suite 344
 Aurora, CO 80011

Community Gardens

<https://dug.org/find-gardens/the-urban-farm-community-garden/>.

***Hospitals**

UCHealth University of Colorado Hospital Emergency Room

[UCHealth University of Colorado Hospital \(UCH\)](#)

Anschutz Inpatient Pavilion, 12505 E. 16th Avenue, 2 1st floor, Aurora, CO 80045.

(720) 848-9111

UCHealth University of Colorado Hospital (UCH)

12605 E 16th Ave, Aurora, CO 80045.

720. 848.0000

www.uchealth.org

The Medical Center of Aurora Emergency Room

1501 S Potomac St, Aurora, CO 80012.

(303) 695-2600

Aurora South Hospital and Medical Center

1421 S Potomac St, Aurora, Co 80012.

(303) 873-5511

Childrens Hospital

13123 E. 16th Avenue

Aurora, CO 80045

Denver Health

777 Bannock Street, Denver CO 80202.

303.436.6000

***Mental Health Therapist**

Psychology Today's Find a therapist Tool:

Find the best Black and African American Therapists and Psychologists in Colorado.

<https://www.psychologytoday.com/us/therapists/colorado?category=african-american>

***Job Training**

Housed Working and Healthy (HWH) offers free culinary training to individuals experiencing homelessness or housing instability in the Denver Metro area.

3525 W. Oxford Avenue, Denver, CO 80206.

<https://housedworkingandnhealthy.org>

*PreSchool

What is Universal Preschool (UPK) Colorado?

The state of Colorado launched Universal Preschool (UPK) in the fall of 2023. UPK will offer 10-15 hours a week of state-funded, high-quality, voluntary preschool to every Colorado child who is age 4 in their year before entering kindergarten. The program is being funded through Colorado House Bill 22-1295 that resulted from the voter-approved nicotine tax measure that passed in November 2020.

Families will apply for UPK through a [universal online application](#). Slots will be awarded on a first-come-first-served basis, with considerations made for students who are already enrolled in a preschool program that they wish to continue in.

City of Aurora Preschools will offer a variety of UPK programs at each of our five locations.

City of Aurora Preschool Locations

Location	Address	Phone
Beck Preschool	800 Telluride Street	(303) 739-6878
*Lowry Preschool	1016 Boston Street #880, zip 80010	(303) 323-8328
Meadowood Preschool	3054 Laredo Street	(303) 326-8304
Summer Valley Preschool	17400 E. Lehigh Place	(303) 326-8676
Village Green Preschool	1300 S. Chambers Circle	(303) 326-8640



<https://dpp.org/upk/>
Denver Preschools



***Recreation**

Denvergov.org/recreation

www.auroragov.org/things_to_do/recreation___sports_programs

***Transportation**

[How to Ride | RTD-Denver](http://www.rtd-denver.com/how-to-ride) www.rtd-denver.com/how-to-ride

RTD Discounts and Passes

Discount fares apply to seniors 65+, individuals with disabilities, Medicare recipients, and customers enrolled in LIVE. Proof of eligibility is required for all customers using discounted fare products.

Who can ride for free:

- Active duty members of the United States military can ride free on all RTD services.
- Youth ages 19 and under, as part of the Zero Fare for Youth Program can ride free.

City of Aurora Transportation

www.auroragov.org/residents/transportation_mobility_resources/rail_information

***Youth**

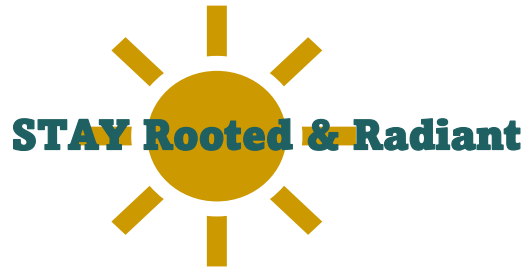
www.vibetribeadventures.org - outdoor education, mental health and wellness adventures, urban youth experiential learning, outdoor business leadership development, access to outdoor equipment and gear. **Ages 8-24.**

City of Aurora Youth Sports

https://www.auroragov.org/things_to_do/recreation___sports_programs

Denver Youth Activities

<https://mysparkdenver.org/>



Made possible by a grant from Colorado Department of Health and Environment (CDPHE)

[Flowdenver.org](https://www.flowdenver.org)

www.coloradoblackhealth.org

2024

